



2025 Perezluha Coaching Time Trial Series



USA CYCLING PERMITTED RACE SERIES
PERMIT #2025-10219



Categories and Styles (Open Pro-Cat 5) *one wave pending participation:

- Open to all ages. Start order oldest to youngest. Women then Men:
- Wave 1) 15KM, Hand-cycle, Paracycle, Road, TTT
- Wave 2) Aero, Recumbent, Tandem, Fixed Gear, TTT

Dates:

- 2/16, 3/16, 4/13, 5/25, 6/8, 7/6, 8/17, 9/21, 10/12, 11/9

Warm Up and Race Start Time:

- 7:15am: Arrive (7:15 Registration Opens)
- 7:15-8:00am: Registration *until 9:45am for 2nd wave
- 8:10am: Structured warm up with pacing, course preview, and motivational talk with coach. This is a unique valued offering that will significantly help participants perform at their best and enjoy the event
- 9:00am: Racing Begins (Wave 1)
- 10:00am: Racing Begins (Wave 2)

**TOP 3 DAILY AND
OVERALL
AWARDS FOR
EACH CATEGORY**

The TT Race Course:

- **8-Mile Route; 15-Kilometer Route**
- Very little traffic, long straight aways, and bike lanes
- Perfect 20 minute power test location

**Group Ride
11:30am**

**USA CYCLING
MEMBERSHIP REQUIRED
\$15 FOR ONE DAY EVENT
LICENSE**

Location:

- Florida Polytechnic University: 4700 Research Way
Lakeland, FL 33805

*Start location/parking is just outside of campus on western end of Research Way near University Blvd

Registration: Pre-reg \$35 PayPal/BikeReg or on site/late (\$45).

\$300/Entire Series (10 events) \$250 (8 Events) \$160 (5 Events)

- [StevenPerezluha.com \(PayPal\)](http://StevenPerezluha.com) or BikeReg

