



2023 Florida Polytechnic Time Trial Series



USA CYCLING PERMITTED RACE SERIES
PERMIT #6832



Categories and Styles (Open Pro-Cat 5) *one wave pending participation:

- Open to all ages. Riders to go off oldest to youngest in the following:
- Wave 1) 15KM, Hand-cycle, Paracycle, Women/Men Road, TTT Aero
- Wave 2) Women/Men Aero, Recumbent, TTT Road, Tandem, Fixed Gear

Dates:

- 2/12, 3/5, 4/2, 5/7, 6/4, 7/2, 8/13, 9/17, 10/22, 11/5

Warm Up and Race Start Time:

- 7:00-7:15am: Arrive (7:15 Registration Opens)
- 7:15-7:45am: Registration *until 8:45am for 2nd wave
- 7:45-8:15am: Structured warm up with pacing, course preview, and motivational talk with coach. This is a unique valued offering that will significantly help participants perform at their best and enjoy the event
- 8:30am: Racing Begins (Wave 1)
- 9:40am: Racing Begins (Wave 2)

TOP 3 DAILY AND OVERALL AWARDS FOR EACH CATEGORY

The TT Race Course:

- [8-Mile Route](#); [15-Kilometer Route](#)
- [8.5 Mile Special Edition Route](#)
- Very little traffic, long straight aways, and bike lanes
- Perfect 20 minute power test location

**Group Ride
11:00am**

**USA CYCLING
MEMBERSHIP REQUIRED
\$15 FOR ONE DAY EVENT
LICENSE**

Location:

- Florida Polytechnic University: 4700 Research Way Lakeland, FL 33805

*Start location/parking is just outside of campus on western end of Research Way near University Blvd

Registration: Pre-reg \$30 PayPal/BikeReg or on site/late (\$40).

\$250/Entire Series (10 events) \$208 (8 Events) \$135 (5 Events)

- [StevenPerezluha.com \(PayPal\)](https://www.stevenperezluha.com) or [BikeReg](https://www.bikereg.com)