



2023

HEARTLAND OF FLORIDA CYCLING CAMP



JANUARY 13-15, 2023



Registration Deadline: January 3, 2023 *1/2 down payment due 12/13/22



~ 75-127 miles each day

- Florida Polytechnic University to Venice Beach to Sebring to FPU
- Explore Florida's finest back roads through open ranch land, rolling hills, orange groves, lakes, and bright blue Gulf of Mexico views
- Best way to see the Heartland of Florida via bicycle. Riders will traverse undeveloped and gravel roads!
- Training and Coaching includes improvement on: endurance, pacing, cadence, nutrition, and special timed time trial segments
- \$649 includes hands on coaching, training, Pro SAG support (Bearded Bike Doc), meals, snacks, and lodging (*2 nights shared room. Single rooms available for additional charge; \$809)
- Adventure of a lifetime where you will have fun, enjoy cycling, and get a challenging training experience
- Visit <u>StevenPerezluha.com/Events</u> for more details and registration!

