



JANUARY 21-23, 2022



Registration Deadline: January 14, 2022

- ~ 75-127 miles each day
- Florida Polytechnic University to Venice Beach to Sebring to FPU
- Explore Florida's finest back roads through open ranch land, rolling hills, orange groves, lakes, and bright blue Gulf of Mexico views
- Best way to see the Heartland of Florida via bicycle. Riders will traverse undeveloped and gravel roads!
- Training and Coaching includes improvement on: endurance, pacing, cadence, nutrition, and special timed time trial segments
- \$599 includes hands on coaching, training, Pro SAG support (Bearded Bike Doc), meals, snacks, and lodging (*2 nights shared room. Single rooms available for additional charge)
- Adventure of a lifetime where you will have fun, enjoy cycling, and get a challenging training experience
- ~ <u>Facebook Page</u>
- ~ PayPal Registration Link/Website



