## **JANUARY 15-17, 2021**





## HEARTLAND OF FLORIDA CYCLING CAMP



## Registration Deadline: January 4, 2020

\*1/2 down payment due 12/20/20





- ~ 75-127 miles each day
- ~ Florida Polytechnic University to Venice Beach to Sebring to FPU
- ~ Explore Florida's finest back roads through open ranch land, rolling hills, orange groves, lakes, and bright blue Gulf of Mexico views
- Best way to see the Heartland of Florida via bicycle. Riders will traverse undeveloped and gravel roads!
- ~ Training and Coaching includes improvement on: endurance, pacing, cadence, nutrition, and special timed time trial segments
- \$579 includes hands on coaching, training, Pro SAG support (Bearded Bike Doc), meals, snacks, and lodging (\*2 nights shared room. Single rooms available for additional charge)
- Adventure of a lifetime where you will have fun, enjoy cycling, and get a challenging training experience
- ~ Facebook Page
- ~ PayPal Registration Link/Website