



GUTTENPLAN COACHING



North Carolina Mountains Camp

August 22-26, 2018



ENDURANCE FUELS



Steven Perezluha  
Camp Host



Registration Deadline:  
July 31, 2018

- ~ 25–75 miles each day
- ~ 5 Days and 4 Nights
- ~ Includes Mountain climb ride up to Brasstown Bald (includes optional threshold testing)
- ~ Explore North Carolina's back-country roads including views of waterfalls, overlooks, and valleys
- ~ Off-road day
- ~ 2 coaches to lead all fitness/skill levels
- ~ \$700 includes hands on coaching, training, SAG support, meals, snacks, bike mechanics, and lodging (\*4 nights shared room. Single rooms available for additional charge)
- ~ Hand's on coaching, power testing, climbing skills practice, and daily ride feedback!